



ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP

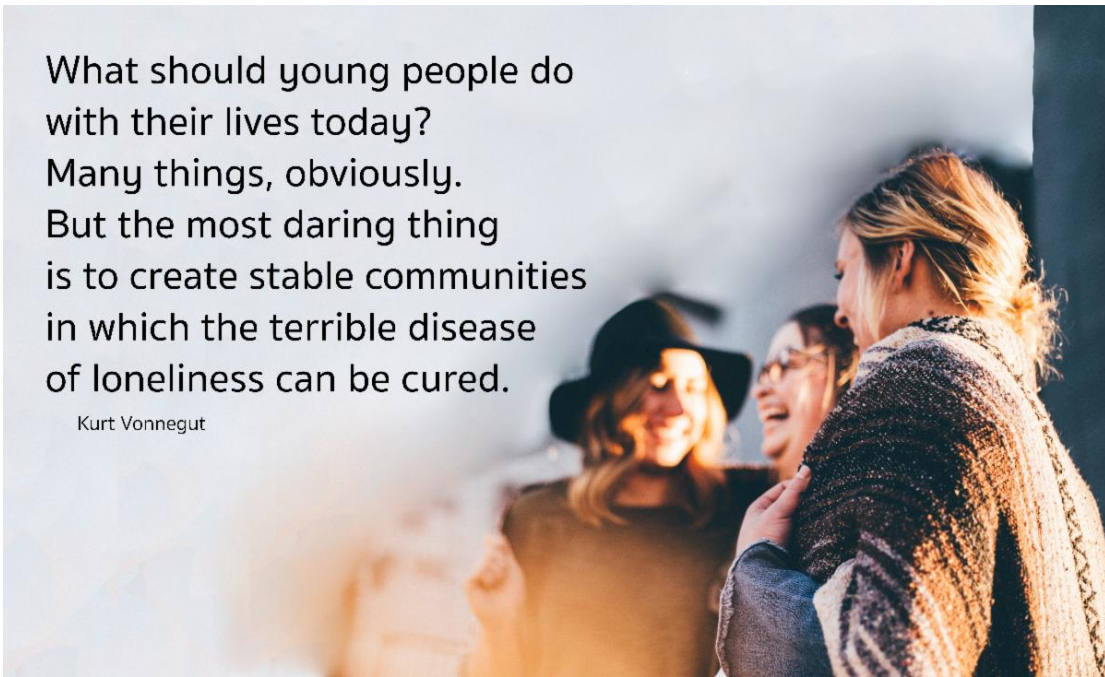
*diverse beliefs,
common purpose.*

Today At Your Fellowship

Monday
March 1, 2021

What should young people do
with their lives today?
Many things, obviously.
But the most daring thing
is to create stable communities
in which the terrible disease
of loneliness can be cured.

Kurt Vonnegut



This Week @ AUUF on Zoom

Monday 3/1/2021

7-8:30pm A Comic Eye on Serious Racism

Tuesday 3/2/2021

10am Gentle Beginners Yoga
4:30pm Forum Planning Meeting
6-8pm Finding Your Way to Fellowship
7-8pm Adult Religious Exploration
with Rev. Lise

Wednesday 3/3/2021

6:30-8pm Fireside Chats
7-8:30pm Building & Grounds Meeting

Thursday 3/4/2021

Sunday 3/7/2021

9am Virtual Forum

10:15am RE Chalice Circle

11:00am Virtual Worship

6:30pm Virtual Jr. Youth Meet-up

Zoom links for public meetings
always available on the calendar
on the [AUUF homepage](#).

To learn how to participate in
Religious Exploration youth

7pm Choir Practice

Friday 3/5/2021

12-1:30pm Freethinkers

Saturday 3/6/2021

programming contact

Rosene Beachy

rbeachy@alaskalife.net

A Comic Eye on Serious Racism

Sponsored by the AUUF Anti-Racism team

Monday March 1st, 7 - 8:30 PM

As a way to facilitate thinking and sharing our ideas and feelings about racism, we will watch two brief comedy videos which focus on the topic of racism.

The format of these sessions will include a listening circle and thought-provoking questions to encourage sharing our own personal experiences, thoughts and feelings about this very serious topic.

This program will be offered twice to help provide an opportunity to participate based on individual schedules.

Find the Zoom link on the [calendar on the AUUF Homepage](#)

Gentle Beginners Yoga

10am Tuesday March 2

Enjoy engaging your mind, moving your body, and tending to your spirit at home with each other via Zoom! This yoga class is a gentle, beginner yoga class that incorporates a combination of yoga philosophy themes, pranayama or breath-work, accessible asanas or yoga poses that embrace different modifications for every body to the extent possible, and meditation and relaxation techniques.

Go to [Yoga Collective AK](#) for zoom link and class details.

Adult Religious Exploration with Rev. Lise

Rev. Lise facilitates the Tapestry of Faith curriculum, *What Moves Us*. Written by theologian, Rev. Thandeka, the 10 sessions look at the belief systems of historical and current UUs and help us articulate what we believe and have experienced in our own faith journeys.

Classes will be on the 1st and 3rd Tuesdays of the month through May.

Find the Zoom link on the [calendar on the AUUF Homepage](#)

Connecting During COVID: Fireside Chat for Adults

6:30pm Wednesday March 3

Your AUUF Connections Team invites you to our monthly Fireside Chat (Tea and Toddies!) -- no agenda, just show up on Zoom for some friendly conversation. You're welcome to attend for the entire time period, or drop in whenever you want for as long as you want.

Monthly Connections on Zoom
March 3, 6:30-8:00 pm

for ages 18 and up
We'll offer this every first Wednesday of the month until further notice.

Find the Zoom link on the [calendar on the AUUF Homepage](#)

Choir Practice

7pm Thursday March 4

Find the Zoom link on the [calendar on the AUUF Homepage](#)

Freethinkers

12pm Friday March 5

Our resident poet, Marie Lundstrum, notes that “Campbell really gets us to look at our own “tribal” customs, especially the lack of them, such as rites of passage into adulthood. In the US, we have a strong emphasis on individualism, a person being responsible only for oneself, which certainly gets in the way of the need for cooperative effort toward tribal safety, as evidenced during this pandemic. How can we be a global “tribe” of billions and follow group “norms” to save our Spaceship Earth from becoming a second Mars? Big question. No answer. ~ Read through Part I, Chapter III, Section 2, “The Magic Flight,” in Campbell’s *The Hero With A Thousand Faces* for next Friday, March 5. I find reading Christopher Vogler’s *The Writer’s Journey: Mythic Structure for Writers* (c1998) alongside Campbell helps me to understand the elements and archetypes of the Hero’s Journey. He uses numerous movie characters and situations as examples of Hero (Dorothy, Luke, Frodo, Brody), Mentor (Glinda, Quint, Gandalf, Obi Wan), Allies, Enemies, Threshold Guardian, Trickster, Shapeshifter, Ordeal, and other important parts of the journey. As a movie-loving person, I find this approach a real help in clarifying Campbell. And fun! Why don’t you join ua on this incredible journey, Freethinkers Friday Noon on Zoom.

Find the Zoom link on the [calendar on the AUUF Homepage](#)

Catch the Rising Tide

Final Pledge Reminder Video



Communications Team Members Wanted

Hi Everyone,

Last summer we did a call for communications team members. We had one meeting and ended the conversation with many good points and new communications patterns. Then we closed the last meeting with "until the new Minister arrives..." So here we are! Rev. Lise and I have been discussing developing new communications goals and how we can involve AUUF community in creating strategy for future communications plans. If you have skills relating to the following things you maybe helpful for this team!

- Staying in the know with AUUF community
- Social Media & marketing experience
- Experience with Wix
- Opinions about AUUF "digital presence"
- Skills & opinions not yet considered

Contact Kelly Spring at communications@anchorageuuf.org if you'd like to volunteer



Joy & Sorrow

From Sunday February 28

From Diane Smith, Usher : Joy - Chalice Circle, where I get to think about & hear about topics I usually only hear about on Sundays. And beginning to get to know some new (to me) people.

From Cari Sayre : Joy - After seeing Nina Simone earlier, Dave wonders how anyone could see black as anything but beautiful. Concern - the lack of clarity as to what is safe to do after having been vaccinated.

Do you Have Zoom Fatigue? Sign up for Friendship Nights

Many of us are missing seeing each other in person. The Fellowship decided to offer Outdoor Friendship Nights at member's homes. Several members with outdoor fireside seating are hosting Friendship Nights for small groups of 4-6 members. This is an opportunity to gather in small groups outside.

All one needs to do is sign up for one of the following dates by contacting:

Joan Frankevich at 907-250-6056 (fireweed59@gci.net) or Andee Cordano at 907-350-6361 (andeecordano@gmail.com) and we will send you the address and contact information for your host.

6:30 Saturday, March 13, on Hillside, 4WD needed, an accessible location with no stairs

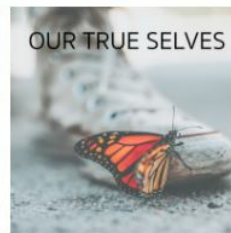
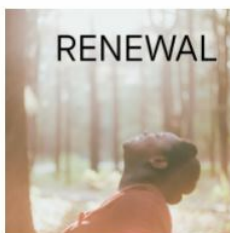
7:00 Saturday, March 20, accessible location, with no stairs in West Anchorage

6:30 Friday, March 26, South Anchorage

7:00 Friday, March 26, West Anchorage

Guests will need to dress warm and bring their own drinks in their own glasses. This is an informal outside gathering. As much as we love food, we decided to be Covid Safe and not serve refreshments. We have additional dates and locations coming soon.

If you have an outdoor area and would like to host, please contact Joan or Andee



Soul Matters Playlists

- [On Spotify](#)
- [On Youtube](#)
- [Archive of Playlists](#)

amazon smile
Org Central



Anchorage Unitarian Universalist Fellowship | (907) 248-3737
Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
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UNITARIAN UNIVERSALIST
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*diverse beliefs,
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Today At Your Fellowship
Friday
March 5, 2021

This Sunday @ AUUF on Zoom

Sunday 3/7/2021

9am Virtual Forum

10:15am RE Chalice Circle

11:00am Virtual Worship

6:30pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always
available on the calendar on the [AUUF
homepage.](#)

To learn how to participate in
Religious Exploration youth
programming contact
Rosene Beachy
rbeachy@alaskalife.net

Virtual Forum

9am Sunday March 7

The Transition to Clean Energy

Chris Rose, Exec. Director of REAP

[Click here to join on Zoom.](#)

[Click here for Speaker bio.](#)





Unplugged ... Leaving room for more
Rev. Lise Adams Sherry

Virtual Worship

11am Sunday March 7

Unplugging .. Leaving room for more.

With Rev. Lise

[Click here to join on Zoom.](#)



Sign up for Friendship Nights

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Here's a great article from Stanford on Zoom Fatigue and 4 ways to alleviate it.

[Click here to read the article.](#)

WhaleCoast Alaska



Update of AUUF Hosts in Anchorage for UU Tourists

June 12th-16th * July 14th-15th

Thanks so much to those who've responded positively to requests for housing WhaleCoast guests this summer. As of March 4th there are 4 volunteers confirmed to host up to 8 guests for the June tour. There are some hosts "maybe" willing to house about 17 additional guests in June. For July, there are 5 confirmed hosts to house 12 guests, and enough "maybes" to accommodate about 14 more guests. Some volunteers (including the "maybes") could be or are willing to host guests for both the June and July tours. Additional volunteers might help share the duties and ease their burden! Fingers crossed that COVID-19 vaccines continue to make a promising outlook for safe summer touring. WhaleCoast is monitoring CDC recommendations to make safety a priority.

JUNE: Confirmed hosts: 4 *** "Maybe" hosts: 8 *** Total beds available WITH Maybes: About 25

JULY: Confirmed hosts: 5 *** "Maybe" hosts: 7 *** Total beds available WITH Maybes: About 26

With a potential of up to 42 guests for each tour, (though it may end up around 30), we are getting closer to reaching a realistic number of hosts, assuming the COVID situation improves enough to meet the comfort level of all the "maybes." More volunteer hosts are needed, and we'll be checking in with the maybes in mid-March.

Please write the dates on your calendar, get yourself vaccinated if you haven't, and consider contacting me if you have guest space and want to help with this major fundraising tour program! Denise Martin,

dulcimer.diva@gmail.com. For more information, go to or website:

[AUUF Fundraisers](#). Also, go to [WhaleCoast AK](#) to view the entire statewide itinerary.

Look who is turning 100 years old!

March 14, 2021 from 9-10:15 am. Come join in centenarian Sylvia Short's 100th birthday party celebration during the AUUF Forum

Sylvia and her family will be in Anchorage for a week in March. George Bryson will once again be interviewing Sylvia -- this time via Zoom -- gleaning up-to-date information from her since their Forum interview 2-1/2 years ago.

To further honor her lifetime of contributions to our Fellowship, the AUUF Alliance has set a "100 birthday cards for 100 years" target to generate keepsakes that Sylvia can cherish. If you would like to participate in this, please send a card, before March 14th, to



Sylvia Short % Debbie
Hoke, 6357B Whispering Loop, Anchorage,

Come and join in the fun! Stephanie Koonz

Alaska Black Caucus Community Conversation

7-8pm Sunday, March 7,

Women's History Month Kick-Off

Speaker: Dr. Flojaune Cover, PhD, MPH

Understanding and addressing the role of race and racism!

Dr. Flojaune is Epidemiologist and Senior Director of Policy at Public Health Advocates.

[Zoom Link](#)

Meeting ID: 819 3479 7628 --- Password: 842042 One tap mobile

+16699006833,,81934797628#,,,,0#,,842042# US (San Jose)

SAVE THE DATE: Sunday May 12th or Wednesday May 16th (the discussion session will be offered twice)

The Anti-Racism team will be hosting a discussion of a **group read** of

“So You Want to Talk About Race” by Ijeoma Oluo, More info to follow on an easy way to get the book.

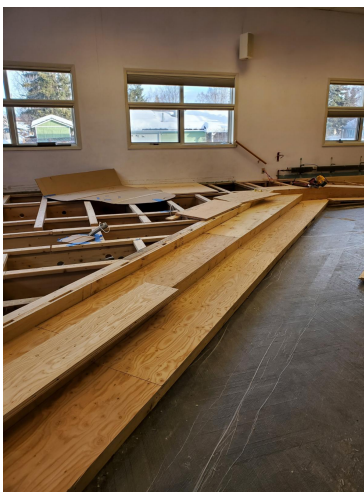
The author guides readers of all races through subjects ranging from intersectionality and affirmative action to “model minorities” in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.

National Book Review states “Oluo gives us — both white people and people of color — that language to engage in clear, constructive, and confident dialogue with each other about how to deal with racial prejudices and biases.”

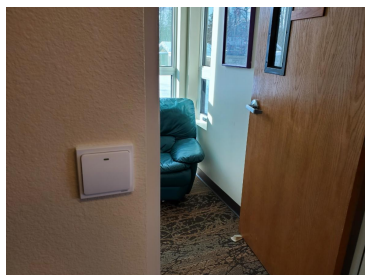
More **“A Comic Eye on Serious Racism,”** sponsored by the AUUF Anti-Racism team. Date to be determined - more info to follow.

We will watch 2 or 3 more videos about racism and share the feelings and thoughts that arise after watching them.

AUUF Construction Updates



New steps



New light switch



A/V Booth Update

Forum

7pm Monday March 15



AFACT will be hosting a virtual mayoral forum on Monday, March 15th, at 7:00 PM. The forum will be held over Zoom.

AFACT leaders will be asking the candidates questions on some of the most pressing issues facing our community, including housing and homelessness, substance abuse treatment, and the city's response to our changing climate. Twelve of the 14 candidates who are running have committed to attend. We hope you'll be able to join us! You can register for the forum by following this link:

[Click here to register.](#)

MAYORAL FORUM

ANCHORAGE FAITH & ACTION -
CONGREGATIONS TOGETHER



MONDAY, MARCH 15TH, 7-8:30PM

REGISTER VIA ZOOM AT
[HTTPS://US02WEB.ZOOM.US/WEBINAR/REGISTER/
WN_A9IP05E1SA6ER1NVVPVAGG](https://us02web.zoom.us/join/8581967890)
OR VIEW ON FACEBOOK LIVE

COME HEAR WHAT THE MAYORAL CANDIDATES
ENVISION FOR THE FUTURE OF OUR CITY

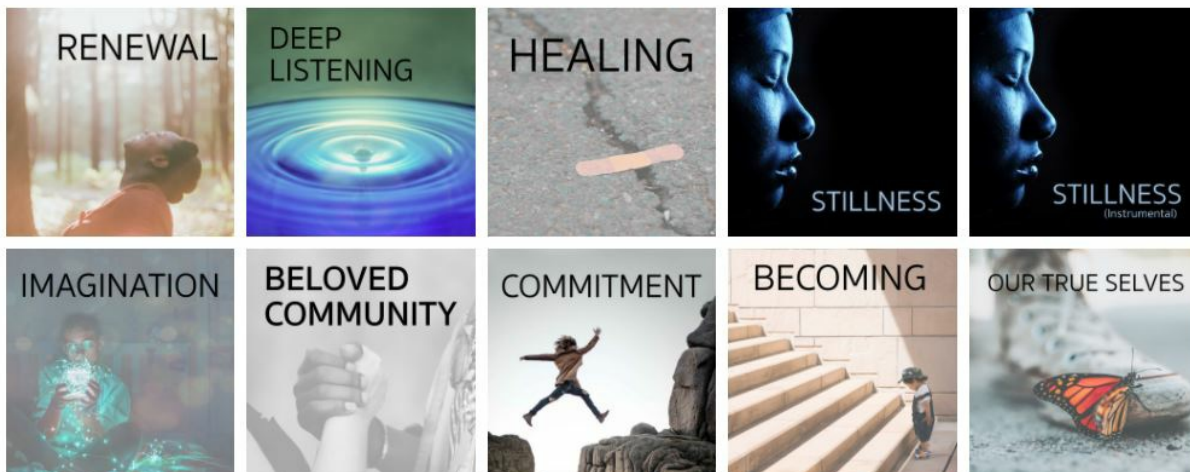
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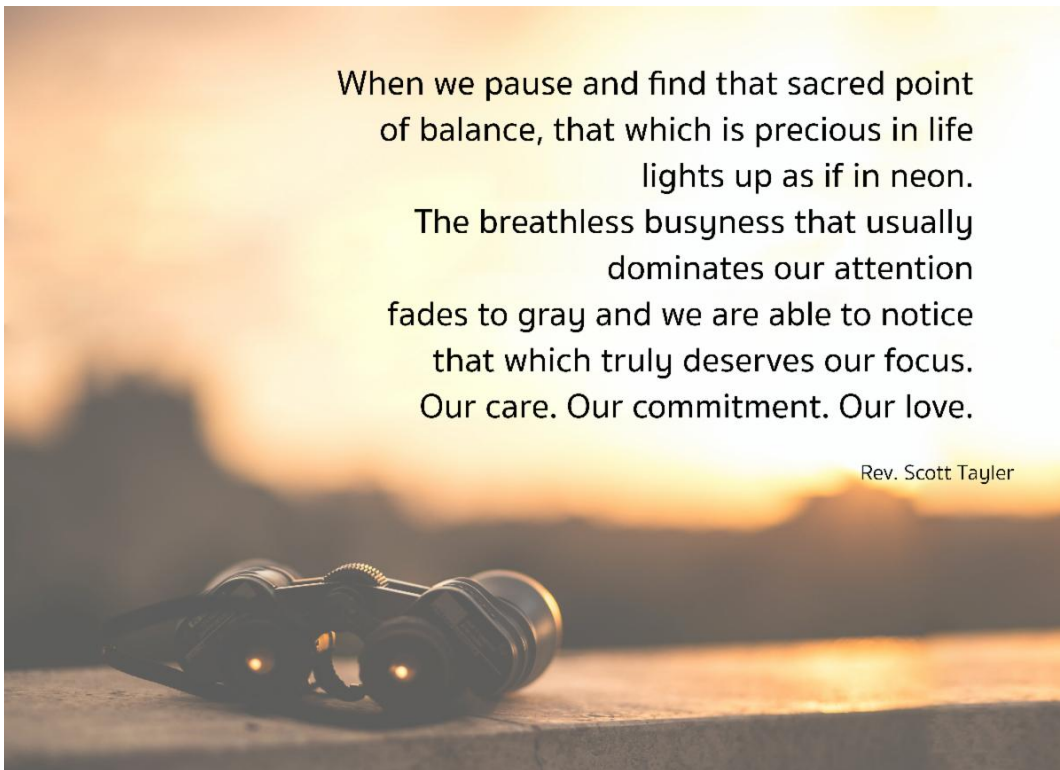


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*diverse beliefs,
common purpose.*

Today At Your Fellowship

Monday
March 8, 2021



When we pause and find that sacred point
of balance, that which is precious in life
lights up as if in neon.
The breathless busyness that usually
dominates our attention
fades to gray and we are able to notice
that which truly deserves our focus.
Our care. Our commitment. Our love.

Rev. Scott Tayler

This Week @ AUUF on Zoom

Monday 3/8/21

Tuesday 3/9/21

10am Nominating Committee
10am Gentle Beginner's Yoga
2pm Hungry Book Club
6pm Connections Team
6pm CYRE Team Meeting

Wednesday 3/10/21

6pm Safer Congregations Team

Sunday 3/14/21

9am Virtual Forum

Celebrating Sylvia Short at 100
Sylvia Short with George Bryson

10:15am RE Chalice Circle

11:00am Virtual Worship

A Year in Review

Marty Freeman, Koala Vandruff and
Megan Webb

Thursday 3/11/21

4pm Board Executive Meeting

Friday 3/12/21

3pm Social Activism with Sr. Prejean

12pm Freethinkers

Saturday 3/13/21

Friendship Nights begin

More info below

6:30pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the [AUUF homepage](#).

To learn how to participate in Religious Exploration youth programming contact
Rosene Beachy
rbeachy@alaskalife.net

Gentle Beginners Yoga

9am Tuesday March 9

Go to [Yoga Collective AK](#) for zoom link and class details.

Freethinkers

12pm Friday March 12

[Click here to join on Zoom.](#)

March Virtual Forum

9am Sundays on Zoom

On March 7, we heard an informative program on the *Transition to Clean Energy* from Renewable Energy Alaska Project (REAP) Executive Director Chris Rose.

On Sunday March 14, we will be celebrating *Sylvia Short's 100th Birthday*. IT'S A SURPRISE (we think). Sylvia will be joining us by Zoom, for a look at her life and discussion led by George Bryson. If you want to send her a birthday card (hoping for 100 or more), you can still do that by addressing it to:

Sylvia Short c/o Debbie Hoke
6357B Whispering Loop, Anchorage,
AK 99504.

On March 21, Libby Roderick will speak to us on the topic, *"One Nation, Divisible—Talking About Hard Things with Our Neighbors."*

And on the last Sunday of March, the 28th, Anchorage attorney Patrice Icardi will present a program on *"Safeguarding and Protecting Our Elders."*

Social Activism with Sr. Helen

3pm Friday March 12

(Updated March 8)

Do you want to follow up with Sr. Helen Prejean reading and thinking about a personal journey to Social Action?

This Friday, March 12 from 3:00 – 3:30pm we will have our first of two Zoom **meetings with** anti-death penalty activist and author **Sister Helen Prejean**. Here is a link for joining this Zoom session.

[Click here to join on Zoom.](#)

This link can be found on the AUUF website Home Page at anchorageuuf.org in the calendar of events for March 12 or through the Stay Up to Date section in the left column under Social Activism with Sister Helen, or in This Week at Your Fellowship, and on the AUUF Facebook Page.

[Click here to read more.](#)



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Joy & Sorrows From Sunday Worship March 7

From Peggy Robinson : Joy: We hired a Congregational Administrator! Kara Mabry starts working for us on Tuesday. Please welcome her when you can. She'll be at the office 4 days a week, using the admin@anchorageuuf.org email.

From Doug Eby : Tremendous Joy - HUGE spread of vaccine in Alaska!! ...and PLUMMETING covid cases, hospitalizations, and deaths...



CDC's 3/8 Guidelines for those fully vaccinated.

[Click here to read the PDF.](#)

**AFACT Mayoral
Forum**

7pm Monday March 15

AFACT will be hosting a virtual mayoral forum on Monday, March 15th, at 7:00 PM. The forum will be held over Zoom.

AFACT leaders will be asking the candidates questions on some of the most pressing issues facing our community, including housing and homelessness, substance abuse treatment, and the city's response to our changing climate. Twelve of the 14 candidates who are running have committed to attend. We hope you'll be able to join us! You can register for the forum by following this link:

[Click here to register.](#)

Next week, Catholic Native Ministry, a member of AFACT, will be hosting two virtual forums with candidates running for the Anchorage School Board. This will be one of the only opportunities to hear the candidates discuss issues of particular concern to Alaska Native students and families. We hope that you will be able to join us!

You can watch the forums on [Facebook Live](#) or via Zoom by registering with the following links:

- **Candidates running for Seats F & G: Wednesday, March 10th @ 7:00 PM**

[Click here to register.](#)

MAYORAL FORUM

ANCHORAGE FAITH & ACTION -
CONGREGATIONS TOGETHER



MONDAY, MARCH 15TH, 7-8:30PM

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WN_A9IP05E1SA6ER1NVVPVAGG](https://us02web.zoom.us/join/84458202020)
OR VIEW ON FACEBOOK LIVE

COME HEAR WHAT THE MAYORAL CANDIDATES
ENVISION FOR THE FUTURE OF OUR CITY

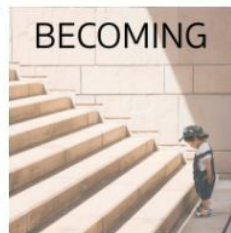
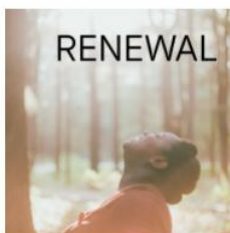


THE **EQUALITY** ACT PROVIDES
NONDISCRIMINATION
PROTECTIONS FOR EVERYONE.

#EQUALITYACT

The Equality Act was passed by U.S. House of Representatives and is now with the U.S. Senate. This landmark nondiscrimination and civil rights bill would ensure that all LGBTQ+ Americans can live, work, and access public spaces free from discrimination, no matter what state they call home.

To show your support, [contact your representatives now.](#)



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2:30-5:30 pm Worship Associate
Mini-Retreat
7 pm Friendship Night

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***One Nation, Divisible—Talking About Hard Things with Our
Neighbors***

With Libby Roderick

Virtual Forum

9 am Sunday, March 21

[Click here to join on Zoom.](#)

[Click here for Speaker's bio.](#)



Remembering Selma

With Rev. Lise Sherry Adams

Virtual Worship

11 am Sunday, March 21

Remembering Selma

Rev. Lise Adams Sherry

[Click here to join on Zoom.](#)



Update of AUUF Hosts in Anchorage for UU Tourists

June 12th-16th * July 14th-15th

Thanks so much to those who've responded positively to requests for housing UU WhaleCoast guests this summer. We're getting closer to reaching our goal of needed hosts, but won't know for sure until guest information is finalized, which it should be soon. As of March 18th, there are 7 volunteers confirmed to host up to 16 guests for the June tour. There are some hosts "maybe" willing to house about 17 additional guests in June. For July, there are 5 confirmed hosts to house 12 guests, and enough "maybes" to accommodate about 16 more guests.

JUNE: Confirmed hosts: 7 ** "Maybe" hosts: 8 ** Total beds available WITH Maybes:

JULY: Confirmed hosts: 5 ** “Maybe” hosts: 8 ** Total beds available WITH Maybes: About 28

Keep in mind that the exact match of hosts/guests depends a lot on requests that sometimes come in for pet-free homes, avoidance of stairs, shared or separate beds, etc. Having backup hosts on standby will ensure we can accommodate every guest, and earn the maximum amount of income for AUUF that our operating budget so desperately needs.

Please write the dates on your calendar, get yourself vaccinated if you haven't, and consider contacting me if you have guest space and think you might help with this major fundraising tour program! Denise Martin: dulcimer.diva@gmail.com. For more information, go to our website: AUUF Fundraisers Page. Also, go to WhaleCoast AK to view the entire statewide itinerary.

If you're intrigued about the tours, perhaps you will consider attending part of a WhaleCoast tour yourself! You could be enjoying parts of Alaska that you never before had a chance to visit, along with other UUs from all over the country. To inquire about such an option, please contact tour director Dave Frey: dfrey@whalecoastak.org

Are you able to share?

Dear Fellow Members and Friends of AUUF,
We are living in extraordinary times. The pandemic has caused great human suffering with devastating economic consequences. We are hopeful it is a once-in-a-lifetime event. We are grateful for the stimulus government payments we have received and are about to receive.

May they too be a once-in-a-lifetime event for this reason. AUUF is facing a serious budget crisis for the next fiscal year beginning in July. This comes from the continuing financial impacts of the pandemic and life changes with some individuals, as well as inflationary costs as we plan for a full year of programs with decreased revenue. Your Finance Committee and Board have done everything possible to balance the budget without cutting the people and programs we all value, but we still have a deficit of about \$46,500. We know we will have to make changes, but it is better to make those decisions after the crisis has passed, and we have a better understanding of what is to come. Please, help us survive this crisis by sharing, as you are able, the \$1,400 stimulus payment you have or will soon receive from the federal government. Every extra donation we receive saves our one-time reserves for future unknowns. Electronic payments or checks are welcome – please indicate “FY22 extra” on the memo line.

Hopefully,
The Finance Committee and the Board of Directors

Seder Dinner March 27, 5:30 pm

AUUF is hosting a (UU modified) Seder Zoom dinner on March 27, 2021, at 5:30 pm. We hope you'll join us!

A Seder traditionally gives everyone in attendance a chance to read from the Haggadah, the booklet that tells the story of Exodus and why we celebrate Passover. That's harder to do over Zoom, but we'd still like to make this broadly participatory. If you'd like to be a reader and read a couple of small assigned parts, please send an email to susano@reevesamodio.com no later than Thursday, March 25, that says “I want to read.” Children are welcome to read. I'll send you a copy of the Haggadah, probably on Friday the 26th, with your parts clearly identified. You'll need to be able to print it out in advance or switch screens while on Zoom during the Seder.

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I'll send you one.

Please have fun with this. You can email me if you have any questions.
Susan susano@reevesamodio.com

[Click here to read more.](#)

Welcome AUUF New Members!



Kellie Rixse



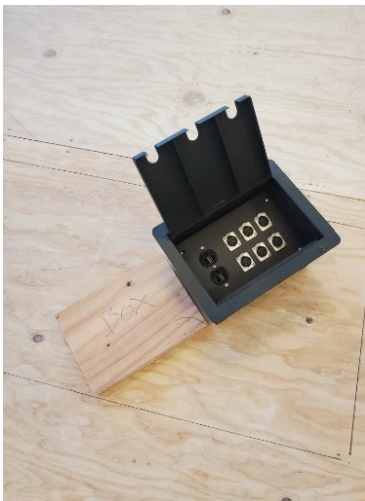
Jocelyn Reilly



Clarissa Guernsey

[Click here for new member bios.](#)

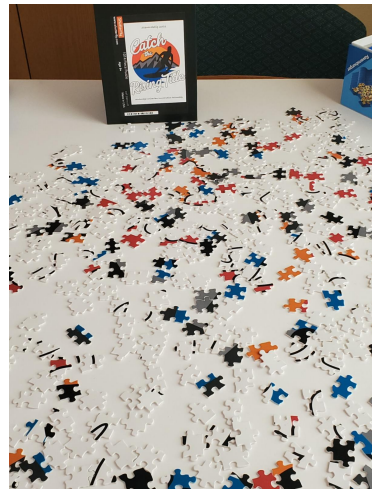
AUUF Construction Updates



A/V Connection boxes to
avoid tripping over cables



Drywall work has begun



Stewardship puzzle awaiting
for everyone returning

AUUF ANTI-RACISM TEAM CORNER: Upcoming events

Alaska Black Caucus Community Conversation

Sunday, March 21st, 7-8 pm

"Bias in the Media" with Lori Townsend and Tracy Sabo, moderated by Cal Williams

Zoom Meeting Link:

[Click here to join on Zoom.](#)

Meeting ID: 819 3479 7628 --- Password: 842042 One tap mobile
+16699006833,,81934797628#,,,0#,,842042# US (San Jose)

Take 2 - "A Comic Eye on Serious Racism", sponsored by the AUUF Anti-Racism team. Sunday, March 28 (3-4:30) and/or Monday, March 29 (7-8:30)

Zoom info to follow.

We will watch 2 or 3 more videos about racism and share the feelings and thoughts that arise after watching them. Please join us.

Anti-Racism Team Book Circle: Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm

The Anti-Racism team will be hosting a discussion of a group read of "So You Want to Talk About Race" by Ijeoma Oluo,

Join fellow AUUF members for a listening circle to share reactions to So You Want to Talk About Race, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I just got called racist, what do I do now?" and more.

We are offering two sessions to accommodate differing schedules.

Find a copy at the Anchorage Public Library

Borrow an e-book from the Anchorage Public Library

Borrow an audiobook from the Anchorage Public Library

Order a copy from local bookstore Writer's Block

Buy an audiobook while supporting Writer's Block

No time for the whole book?

Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

SCT Team

The AUUF Safer Congregation Team (SCT) meets every month; we are 7 members focused on the physical, mental and emotional health and safety of our congregation. After two years of active revision, we have an updated Policy Guidebook. The SCT wants to educate our congregation about our policies and are sharing "snippets" from the Guidebook. Look for these the third week of every month in the TAYF.

SCT Philosophy

Our commitment, as Unitarian Universalists, is to the inherent worth and dignity of every person; justice and compassion compel us to create a safe and nurturing environment. This environment should protect children and adults from harm while promoting their spiritual growth. We are committed to maintaining a safe environment as well as one free of discrimination and harassment.

SCT Purpose

The SCT exists to ensure the protection and safety of our congregants and the building. The SCT shall advise the Board and the congregation as well as propose policies that address building safety and the safety of each person who enters the AUUF building and/or attends AUUF events through sensible, protective measures regarding their physical, emotional, and mental well-being.

SCT Membership

The SCT will be composed of, at a minimum: the minister, religious educator, mental health or medical/nursing professional, and two members of the Fellowship. It is preferable that two of the members of the team be familiar with issues that may be likely to arise to include, but not be limited to: sexual assault, sexual harassment, human resources, security, and legal issues.

AUUF Members have selected our 2021 Half-Portion Recipients-

UPDATED SCHEDULE BELOW

Thank you, everyone, who cast a ballot.

If your chosen team did not make the cut, think about how you can raise its visibility for next year's vote.

[Click here to see AUUF Half Portion Selections.](#)

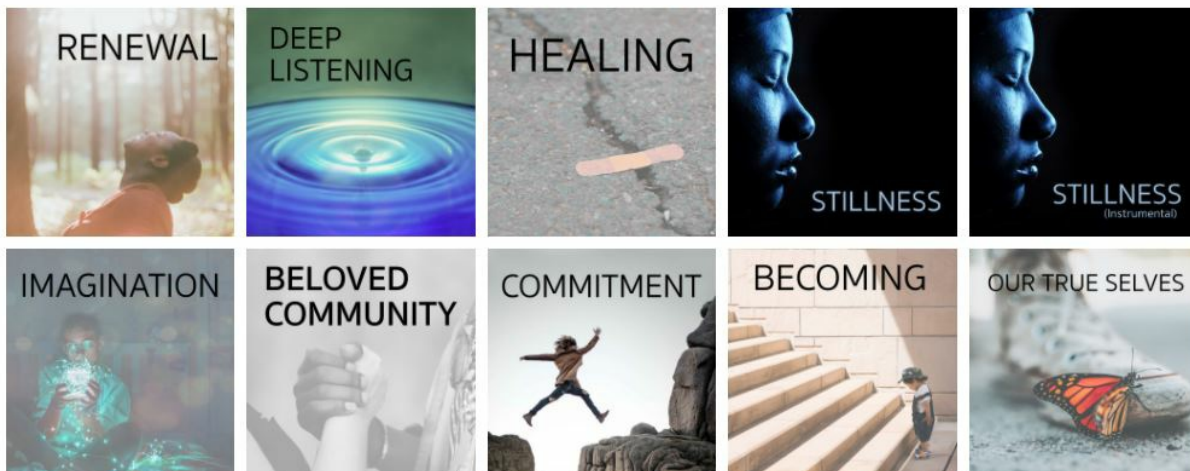
Our 1905 Steinway Piano - a gift from Sylvia Short

by Peggy Robinson March 2021

Long-time AUUF member Sylvia Short inherited our 1905 Steinway Grand Piano, Louis XV Model A, from a relative who lived in the San Francisco area. (It was there during the 1906 earthquake.) She had it in her home for many years in Anchorage, giving piano lessons and playing for friends at frequent gatherings. After her husband Gene died in 2000, she sold her house and moved into a smaller home. There was not room for it there, so she gave it to AUUF. We had a Baldwin grand piano that had been given to us previously, and it continued to be primarily used as the Steinway had cracks in the soundboard and some other sound problems.

In 2005, Dan McElrath, a Registered Piano Technician and owner of Alaska Piano Services, was asked to provide an appraisal of the piano and make recommendations for its repair. Without the repairs, he estimated the value at about \$4000. He roughly estimated the cost of the repairs at \$25,000, increasing the value to over \$50,000. AUUF did not have the funds at the time to do the repairs Dan outlined. When the fellowship purchased the building in Airport Heights in the spring of 2014, there was discussion of whether it was worth paying to move the piano if it was not going to be used. The decision was made to keep it and pay for moving, with plans to repair it sometime in the future. It was placed in the rear of the Sanctuary while the Baldwin was on the Chancel. Early in 2017, Sylvia said that she would be willing to pay for the rebuilding herself. We received an updated rebuilding proposal from Dan for \$40,000, and she agreed to fund \$30,000 for the rebuild. The other \$10,000 was for the refinishing, which AUUF decided we could fund through the selling of the Baldwin. The Board approved the contract and the rebuilding began in July.

The rebuilding and refinishing were completed and the Baldwin sold in January 2018. A celebration of the piano and Sylvia was held in February 2018. A video of the rebuilding process is currently on the AUUF website. We again celebrated this wonderful gift as part of Sylvia's 100 th birthday celebration on March 14, 2021.



Soul Matters Playlists

- [On Spotify](#)
- [On Youtube](#)
- [Archive of Playlists](#)



Anchorage Unitarian Universalist Fellowship | (907) 248-3737
Minister, Rev. Lise Adams Sherry, 907-248-3737 x2, revlise@anchorageuuf.org
Peggy Robinson Temp. Congregational Administrator, admin@anchorageuuf.org
Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
Office Hours –By Appointment Only

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ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP

*diverse beliefs,
common purpose.*

Today At Your Fellowship

Monday
March 22, 2021

If you see what needs to be repaired and how to repair it, then you have found a piece of the world that God has left for you to complete. But if you only see what is wrong and what is ugly in the world, then it is you yourself that needs repair.

Lubavitcher Rebbe



This Week @ AUUF on Zoom

Monday 3/22/21

Tuesday 3/23/21

10 am Gentle Beginners Yoga
6-8pm Program Council

Wednesday 3/24/21

Thursday 3/25/21

6:30 pm Pastoral Care Team
7:30 pm Music with Megan

Friday 3/26/21

Sunday 3/28/21

9 am Virtual Forum

Safeguarding and Protecting Our Elders
Attorney Patrice Icardi

10:15 am RE Chalice Circle

11 am Virtual Worship

Holi, the Festival of Spring
With Rev. Lise

1 pm Virtual COA M & M Meeting

12 pm Freethinkers
6:30 pm Friendship Night South
Anchorage

Saturday 3/27/21
5:30 pm Seder Dinner

**3-4:30 pm Anti-Racism Team: A Comic
Eye on Serious Racism**

6:30 pm Virtual Jr. Youth Meet-up

**Zoom links for public meetings always
available on the calendar on the [AUUF
homepage](#).**

**To learn how to participate in
Religious Exploration youth
programming contact
Rosene Beachy
rbeachy@alaskalife.net**

Gentle Beginners Yoga

10 am Tuesday, March 23

Visit [Yoga Collective AK](#) for zoom link and class details.
Ends Tuesday, April 13

Music with Megan

7:30 pm Thursday, March 25

[Click here to join on Zoom.](#)

Freethinkers

12 pm Friday, March 26

If only AUUF had a belfry!

Freethinkers often take a circuitous flight of fancy on their journey towards enlightenment. Case in point, here is Marie's commentary on last Friday's discussion of Joseph Campbell's, *The Hero with a Thousand Faces*: "Who knew making bat houses would be so involving! Bill Sherwonit said, "Considering [the difficulty of] reading Campbell, I'm enjoying this bat conversation!" And bats got as much vocal attention as Campbell in today's discussion. One notion was that bats could very well be Helpers in the Hero's Journey. And why not?

From bats to the Virgin Birth to low sperm count among humans [purportedly to be zero in 2045] is a long leap, but we got there by way of Jainism, one of the world's oldest religions. Jain cosmological belief is that the universe is cyclic, that we are presently in a downward, degenerative, sorrowful path of immorality, will eventually self-destruct, and then begin anew. Given the current political and climate situations, I can see the attraction of such a belief system, especially since souls are also transient and go through rebirth cycles. If societies create religions to meet their needs, then Jainism has some answers that make great sense.

The next reading, for March 26, in Joseph Campbell's *The Hero With A Thousand Faces* is the section "Transformations of the Hero," which is Chapter III of Part II, The Cosmogonic Cycle. After that, we will have a mad reading dash to the end for our April 2 discussion. And who would have guessed there are bats the size of foxes! Flying foxes, or fox bats, are the largest bat species [excluding Batman, of course]. They are found in Australia, Indonesia, Asia generally, [aka] Old World fruit bats with a head and body length of 16 inches and wingspread of 5 feet." (Sadly, they cannot be imported into the U.S.)

Join the fun: follow the link to [Freethinkers Friday Noon on Zoom](#).

Friendship Night South Anchorage

6:30 Friday, March 26

Many of us are missing seeing each other in person. Several members with outdoor fireside seating are hosting Friendship Nights for small groups of 4-6 members. This is an opportunity to gather in small groups outside, masked and socially distanced.

All one needs to do is sign up for one of the following dates by contacting: Joan Frankevich at 907-250-6056 (fireweed59@gci.net) or Andee Cordano at 907-350-6361 (andeecordano@gmail.com) and we will send you the address and contact information for your host.

6:30 Friday, March 26, South Anchorage

7:00 Friday, March 26, West Anchorage

Guests will need to dress warm and bring their own drinks in their own glasses. This is an informal outside gathering. As much as we love food, we decided to be COVID Safe and not serve refreshments. We have additional dates and locations coming soon. If you have an outdoor area and would like to host, please contact Joan or Andee

Seder Dinner March 27, 5:30 pm

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Please have fun with this. You can email me if you have any questions.
Susan susano@reevesamodio.com

[Click here to read more.](#)

AUUF on the Threshold

A missive from Sid McCausland, Board President

Look at us, teetering on the Threshold of Year Two of these COVID Times, more than eager to be freed from this trance, dreaming of casting off the chains of isolation, anxious to bridge the yawning chasm of Social Distancing, itching to have a stimulating unmasked dialogue with a vaccinated friend or foe, yearning for a hug, eager to SEE each of you.

I'm praying for Normal Times. Yet, I know that is a dream too far. I'm anxious about our fellow travelers who are not prepared to be vaccinated for reasons both legitimate and specious. But that does not have to stop us from moving forward as a Fellowship.

I am confident AUUF can create an environment where masked vaccinated folks sixteen and older and children who do not have serious health issues can gather again by the brink of Summer.

We have learned much about RESILIENCE over the past year as we've swung through

every mood in our personal repertoires. We are ready to share this new-found cautious confidence with others as we open AUUF to the CHALLENGES that confront us in our Fellowship, our community, our Alaska, our United States of America, our World.

Our fledgling Healthy Congregation Team is about to burst out of its cocoon and help us all work on our relationship skills that are so critical to nurturing an environment in which everyone can flourish... Our Religious Exploration Team is gearing up for Peace Camp in the Great Alaska Outdoors... It's hard to see all the activity through your Zoom window, but I can hear things buzzing and it's getting louder and more IMPATIENT each week. Speaking of buzz...

Last week your Board of Directors adopted a proposed budget for Fiscal Year 2022 (which begins on July 1st) that needs to be adopted during our Membership's Annual Business Meeting on May 2nd. It will be distributed to all active Members soon. Some tough decisions went into the creation of this budget. Fiscal Year 22 will be the last year we can sustain our current level of operations if we fail to raise additional revenue. The proposed budget anticipates expenditures tens of thousands of dollars greater than revenue. Rather than cutting back on staff hours, we can meet the shortfall with funds in our unrestricted reserves in the HOPE YOU WILL HELP us generate additional revenue as we move forward.

One bright note recently is the number of AUUF folks donating some (even all) of their Federal COVID grant to AUUF. Those wonderful gifts will help us overcome the fact that we did not reach our \$300,000 goal for Pledges — Thank YOU for sharing. We owe a deep debt of gratitude to our intrepid Stewardship Committee and its friends, our eyes-wide-open Finance Committee, and every AUUF Household that is stepping up to help sustain our Fellowship.

There is so much to be EXCITED about! So much for us to do TOGETHER! Please join me on Zoom for AUUF's Annual Business Meeting on May 2nd, convened pursuant to your Bylaw 4.5(a). We will be electing members to our Board of Directors & Endowment Committee, discussing our plans for in-person gatherings, and adopting AUUF's FY22 Operating Fund Budget. Pre-registration opens soon.

In these COVID Times, I have learned...

The journey into the beloved community is not for the faint of heart.

Failure is not an option.

We'll never be perfect, but we can always be better.

But, most importantly, as I've gotten to know you, I have learned that...

We are a Fellowship that will persevere.

We Unitarian Universalists are resilient people filled with curiosity and aspirations.

And when we set our hearts on something, we can become quite tenacious.

I have learned that...

We are a Fellowship that flourishes because of our commitment to one another and our community.

May it be so.

Yours in Fellowship,

Sid

Never walked a snow labyrinth?

This year's Coming Of Age snow labyrinth is open for use in the AUUF garden area until it melts. This year's group had fun tramping it out in some of the deepest snow we've ever had for this activity in our Spiritual Practice Retreat!

Lovely at dawn or dusk, or after dark when the lights come on.

Bring a candle or meditative music or a friend! Enjoy



AUUF JOY & SORROWS

Joys & Sorrows from Sunday Worship March 21

From Ken W. : Joy in returning light!

From Ken W. : Sorrow in continued division

From Rev. Lise : Sadness for the Asian Americans who lost their lives because of fear and anxiety.

From Sid McCausland (he, his, him) : Holding Helen Neinheuser in our hearts as she recovers from her broken hip.

From Diane Smith: I feel amazingly fortunate to have such deep, meaningful services, back-to-back, this morning. Wow!



The Clock on the Wall

By David O'Brien, 3/18/2021

For those of you who had meetings in the AUUF library, you probably noticed the clock on the wall made of a nicely finished slice of wood from a cottonwood tree. The artist's name, Claude Maney, is written on the back. During the move from the old building to our new building, the clock got a bit banged around. Some of the numbers had fallen off, and the hands had gotten bent. Occasionally it would show the wrong time.

After several years of hanging on the library wall like this, Irene & David O'Brien from the Ascetics Team

decided to do something about it. They took the clock home, replaced all the numbers, and straightened out the hands. This resulted in a much more ascetically pleasing clock face. However, it still had an issue with displaying the wrong time, even after David replaced the batteries several times. For about the last year during the Covid shutdown of our building, the second hand continued to tick away like normal but the hour and minute hands were stuck at 6:10. Finally, David took the clock home again and totally replaced the center clock mechanism and all the hands. Now it works just fine. Irene & David feel it was time well spent!

[Click here to read the entire article.](#)

Can you spare 60 cubic feet of storage space?

AUUF Member Mariah Offer left her belongings in her apartment when she flew to assist her mother. When the landlord reclaimed Mariah's apartment, Melanie Baker graciously picked up Mariah's belongings - which filled her Subaru to the brim. Melanie has no place to store the stuff and must liberate her vehicle. If you can store Mariah's belongings until her return, Melanie will be able to reclaim her beloved Subaru and peace of mind. Please email Melanie at mrc321@hotmail.com if you are willing to be the answer to her prayers.

Are you able to share?

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Hopefully,
The Finance Committee and the Board of Directors



Hi all--

Thanks to everyone who participated in AFACT's mayoral and school board candidate forums. Across our three forums, more than a thousand people participated. I'm so grateful to the leaders who took their time to put on this service for our community.

I'm including links to recordings of all three forums below. Anchorage residents should have received their ballots for the municipal election last week. Please remind your family and friends to return their ballots in the mail or at a secure dropbox location before Tuesday, April 6th, and please forward them the recordings of AFACT's forums if you think they might find them helpful. More information on Anchorage's vote-by-mail processes can be found [here](#).

Forum links:

- [Forum for School Board seats B and E](#)
- [Forum for School Board seats F and G](#)
- [Mayoral Forum](#)

Dan Gibney

AUUF Anti-Racism Team Corner

Take 2 - "A Comic Eye on Serious Racism", sponsored by the AUUF Anti-Racism team.
Sunday, March 28 (3-4:30 pm) and/or Monday, March 29 (7-8:30 pm)

[Find the Zoom link on the AUUF Calendar. \(Link on homepage\)](#)

We will watch 2 or 3 more videos about racism and share the feelings and thoughts that arise after watching them. Please join us.

Anti-Racism Team Book Circle: Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm The Anti-Racism team will be hosting a discussion of a group read of "So You Want to Talk About Race" by Ijeoma Oluo, Join fellow AUUF members for a listening circle to share reactions to So You Want to Talk About Race, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I just got called racist, what do I do now?" and more.

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- [Archive of Playlists](#)



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ANCHORAGE UNITARIAN UNIVERSALIST FELLOWSHIP

*diverse beliefs,
common purpose.*

Today At Your Fellowship

Friday
March 26, 2021

This Sunday @ AUUF on Zoom

Saturday 3/27/21

5:30 pm Seder Dinner

Zoom links for public meetings always available on the calendar on the [AUUF homepage](#).

To learn how to participate in Religious Exploration youth programming contact
Rosene Beachy
rbeachy@alaskalife.net

Sunday 3/28/21

9 am Virtual Forum

10:15 am RE Chalice Circle

11 am Virtual Worship

1 pm Virtual COA M & M Meeting

3-4:30 pm Anti-Racism Team: A Comic Eye on Serious Racism

6:30 pm Virtual Jr. Youth Meet-up

Seder Dinner

5:30 pm Saturday, March 27

AUUF is hosting a (UU modified) Seder Zoom dinner on March 27, 2021, at 5:30 pm. We hope you'll join us!

A Seder traditionally gives everyone in attendance a chance to read from the Haggadah, the booklet that tells the story of Exodus and why we celebrate Passover. That's harder to do over Zoom, but we'd still like to make this broadly participatory. If you'd like to be a reader and read a couple of small assigned parts, please send an email to susano@reevesamodio.com no later than Thursday, March 25, that says "I want to read." Children are welcome to read. I'll send you a copy of the Haggadah, probably on Friday the 26th, with your parts clearly identified. You'll need to be able to print it out in advance or switch screens while on Zoom during the Seder.

Please have fun with this. You can email me if you have any questions.
Susan susano@reevesamodio.com

[Click here to read more.](#)



Safeguarding and Protecting Our Elders

Patrice Icardi, Attorney

Virtual Forum

9 am Sunday, March 28

Safeguarding and Protecting Our Elders
Attorney Patrice Icardi

[Click here to join on Zoom.](#)
[Click here for Speaker bios.](#)



Holi, the Festival of Spring

With Rev. Lise

Virtual Worship

10:00 am Sunday, March 28

Holi, the Festival of Spring
With Rev. Lise

[Click here to join on Zoom.](#)

Religious Exploration Announcements

It's Spring! The skiing is still great, but the long sunny days will soon raise the temperatures and our long winter will be over!

We're looking forward to the Mystery Pals reveal, and the new activities and books for RE kids in April & May.

The COA snow labyrinth made during their Spiritual Practice retreat is available for walking until it melts! Thanks to Lise and Yolanda for joining us for some interesting and fun practices. And the COA teens are looking forward to warmer fire pit meet-ups and their final retreat in May!

And yay! it will soon be time for Peace Camp July 12-15! Get your bicycles tuned up and ready to go!!

The Mystery Pal Revealing **Party for** participants & pals is Saturday, April 3, 3 - 4:00 pm at the Fellowship

RE library Book Bags are still available for borrowing / exchanging through the summer.

The Bridging Planning meeting for all Seniors who will be graduating this year and would like to be involved in the Bridging ceremony in May will be April 18th at the fellowship, 1 - 3:00 pm.

Peace Camp Registration is live. If you didn't get a link emailed to you, the registration form is available on the website (find the link on the homepage) and the RE Facebook group page!

[Download the Peace Camp Flyer.](#)

[Download the Peace Camp Registration Form.](#)

AUUF Anti-Racism Team Corner

Upcoming events of interest

Anti-Racism Team: A Comic Eye on Serious Racism -Take 2

Sunday, March 28 (3-4:30 pm) and/or Monday, March 29 (7-8:30 pm)

We will watch 2 or 3 more comedy videos about racism and share the feelings and thoughts that arise after watching them. Please join us.

[Join here to join on Zoom.](#)

Freedom Rides & Freedom Summer: The Movement in Mississippi

Sunday, March 28, 2021, 1:30 PM

On March 28, 2021, the Living Legacy Project is offering Freedom Rides and Freedom Summer: The Movement in Mississippi, with Hezekiah Watkins and Angela Lewis, hosted by the Rev. Carlton Smith.

In 1961, when buses of Freedom Riders were scheduled to stop in Jackson, Mississippi, 13-year-old Hezekiah Watkins went with his friends to the bus station to see what kind of person would put their body on the line for his rights.

That resulted in the first of what would eventually be over 100 arrests fighting for justice for the man dubbed "Mississippi's youngest Freedom Rider."

In 1964, three civil rights workers, James Chaney from Meridian, Mississippi, and Andrew Goodman and Michael Schwerner from New York City were abducted and murdered in Neshoba County, Mississippi. James Chaney's daughter, Angela Lewis, born ten days before her father disappeared, grew up and into her father's legacy. In this program, Mr. Watkins and Ms. Lewis will share incredible stories of courage in the struggle for justice and how the movement in Mississippi changed the course of history.

[Click here to register.](#)

The Alaska Black Caucus Community Dialogue.

Sunday, March 28, 2021. 7 - 8 pm

"Voting Rights are under attack! We must act now to fight voter suppression!"

- Celeste Hodge Grown

Join your Anchorage Assembly Members for a conversation on voting rights and voter suppression.

[Click here to register.](#)

SAVE THE DATE:

Anti-Racism Book Circle: *So You Want to Talk About Race*, by Ijeoma Oluo

Wednesday, May 12th, 6:30 pm and/or Sunday, May 16th at 6:30 pm

Zoom info to follow.

Join fellow AUUF members for a listening circle and discussion to share reactions to- *So You Want to Talk About Race*, a short (256-page) book by Ijeoma Oluo who shares her perspectives and experiences as a Black woman in the Pacific Northwest and coaches readers to engage in constructive, equitable dialogue on race and racism. Chapters include "What if I talk about race wrong?", "What is intersectionality and why do I need it?", "But what if I hate Al Sharpton?", "I just got called racist, what do I do now?" and more. We are offering two sessions to accommodate differing schedules.

Find a copy at the Anchorage Public Library. Borrow an e-book from the Anchorage Public Library Borrow an audiobook from the Anchorage Public Library. Order a copy from local bookstore Writer's Block. Buy an audiobook while supporting Writer's Block.

No time for the whole book? Watch Author Ijeoma Oluo speak on YouTube or read a short summary of the book.

Can you spare 60 cubic feet of storage space?

AUUF Member Mariah Offer left her belongings in her apartment when she flew to assist her mother. When the landlord reclaimed Mariah's apartment, Melanie Baker graciously picked up Mariah's belongings - which filled her Subaru to the brim. Melanie has no place to store the stuff and must liberate her vehicle. If you can store Mariah's belongings until her return, Melanie will be able to reclaim her beloved Subaru and peace of mind. Please email Melanie at mrc321@hotmail.com if you are willing to be the answer to her prayers.

Are you able to share?

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devastating economic consequences. We are hopeful it is a once-in-a-lifetime event. We are grateful for the stimulus government payments we have received and are about to receive.

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checks are welcome – please indicate “FY22 extra” on the memo line.

Hopefully,
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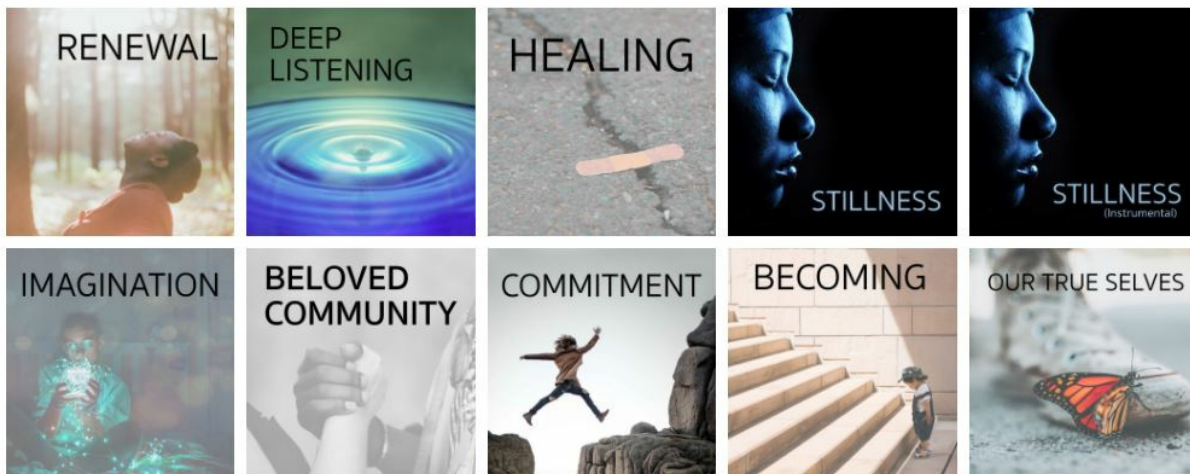
Transgender Day of Visibility Alaska Event

6-8 pm Saturday, March 27 (virtual)

We celebrate the accomplishments and voices of transgender and gender-expansive people in Alaska while also raising awareness of the work that is still needed to save trans lives. Join us for stories, music, and more.

Thank you to our partners! Presented by Identity, Gender Expansive Community of Anchorage, Transcending Tales, and volunteers. Sponsored by Full Spectrum Health and Planned Parenthood.

Free to attend. \$25 suggested donation.
[Get your tickets today.](#)



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Kelly Spring, Communications Specialist, communications@anchorageuuf.org
Megan Webb, Music Director, auufmusic@gmail.com
Rosene Beachy, Director of Lifespan Religious Exploration, rbeachy@alaskalife.net
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ANCHORAGE
UNITARIAN UNIVERSALIST
FELLOWSHIP
*diverse beliefs,
common purpose.*

Today At Your Fellowship

Monday
March 29, 2021

And the day came
when the risk
to remain
tight in a bud
was more painful
than the risk
it took to blossom.

Anais Nin



This Week @ AUUF on Zoom

Monday 3/29/21

7-8:30 pm Anti-Racism Team: *A Comic Eye on Serious Racism*

Tuesday 3/30/21

10 am Gentle Beginners Yoga
7 pm Adult Religious Education with Rev. Lise

Wednesday 3/31/21

Sunday 4/4/21

9 am Virtual Forum

Brain Injuries—a Widespread Invisible Affliction

Dr. Adam Grove & UAA Professor & Neurophysiologist Rachael Hannah, Ph.D

10:15 am RE Chalice Circle

11 am Virtual Worship

Every Day's Resurrection Day—A

Thursday 4/1/21
7 pm Choir Practice

Friday 4/2/21
12 pm Freethinkers

Saturday 4/3/21

Universalist History
Rev. Lise Adams Sherry

6:30 pm Virtual Jr. Youth Meet-up

Zoom links for public meetings always available on the calendar on the [AUUF homepage](#).

To learn how to participate in Religious Exploration youth programming contact
Rosene Beachy
rbeachy@alaskalife.net

Anti-Racism Team: A Comic Eye on Serious Racism

7-8:30 pm Monday, March 29

Anti-Racism Team: A Comic Eye on Serious Racism -Take 2

Sunday, March 28 (3-4:30 pm) and/or Monday, March 29 (7-8:30 pm)

We will watch 2 or 3 more comedy videos about racism and share the feelings and thoughts that arise after watching them. Please join us.

[Join here to join on Zoom.](#)

Beginners Gentle Yoga

10 am Tuesday, March 30

Visit [Yoga Collective AK](#) for zoom link and class details.

Ends Tuesday, April 13

Freethinkers

12 pm Friday, April 2

Winding Down on Campbell by Marie Lundstrom

The best part of our Freethinker talk sessions, for me, is the initial Check-in. I find more connection with this group through everyone's tales of their week than through the talk about whatever we are reading, as intriguing as that may be. So I try never to miss Check-in. It is a lifeline to the lives of others.

In Friday's discussion, Holdfast, an archetype a Hero may have to deal with, surfaced. Holdfast's effort is in the name—to hold fast to the way things are, keep what is, make no changes. In current terms, half the U.S. Senate qualifies. In Campbell's lexicon, Holdfast can be a father-tyrant, a mother-dragon, an obstacle to the Hero's growth and autonomy. Any of us can find Holdfast elements in our own character, not just in the self-described conservative who lives down the street.

A big issue for many of us in *The Hero With 1000 Faces* is that Campbell's selection of myths and stories focuses on male leadership, male heroes, with women in subordinate roles, if present at all, and rarely as heroes. In reading this book, I often substituted a woman as a hero in stories—otherwise, I felt I had become a cypher.

We're coming to the end of the Hero's Journey. For next week, April 2, we'll discuss the last section (Chapter IV and Epilogue of Part II, the Cosmogonic Cycle) of *The Hero With 1000 Faces* about the ends of things and Myth and Society. We should have a lively wrap-up! Join us Friday on Zoom—go to the AUUF website, click on Calendar for link or...

[Click here to join on Zoom.](#)

What's On Deck for the Forum in April

For our first Forum in April, we'll hear about brain injuries—a surprisingly widespread “invisible” affliction. Our speakers will be Dr. Adam Grove, a local physician who specializes in the treatment of children and adults with neurological challenges, and UAA professor and neurophysiologist Rachael Hannah, Ph.D.

On April 11, Anchorage Assembly Member Meg Zaletel will explain how MOA's newly-established Mobile Crisis Team brings a fresh approach to how first responders deal with those with mental health issues. She will also ask for your feedback on how money coming to Anchorage from the new American Rescue Plan should be spent.

How does your garden grow? By the third Sunday in April, it will surely be Spring, and master gardeners Annie and Dennis Ronsse will have us happily thinking about that.

And finally, to celebrate National Poetry Month, we are honored to have with us on April 25 nationally-renowned poet and human rights advocate Carolyn Forché. It's not too early to start reading some of her work if you want a preview.



Worship Info for April

As the snow starts to melt and longer days promise warmth, growth, and greenery to come, our theme for this month of worship is Becoming.

April 4: *Every Day's Resurrection Day—A Universalist History*

Rev. Lise Adams Sherry

While many UUs may not appreciate the theology of sacrificing one's son to save all humankind, there is a deeper message of love for all built into the Easter holiday. How did our Universalist forebears shape this concept into their own Universalist faith?

April 11: *To boldly go where no one has gone before!*

Rev. Lise Adams Sherry

When Star Trek first arrived on the scene in the 1960s, it did not make much of a splash. Since then, this franchise has opened up the world of the future and how to be better beings (Humans, Vulcans, Klingons, etc.) throughout our universe. Join us as we share some of our favorite themes that have encouraged us to think in new and different ways.

April 18: *Multigenerational Earth Day Service*

Rev. Lise Adams Sherry and friends

It's a Unitarian Universalist high holy day. We'll celebrate our interconnected web of all existence and explore how we can continue to become better stewards, hopefully bringing others along with us.

April 24: Celebrating Poetry

Cady Lynn O'Brien, Ken Winterberger, and Koala Vandruff

From Shakespeare to Emily Dickinson to Tom Sexton to Amanda Gorman, poets and their words have affected many of us in deep and moving ways. How have they influenced our thoughts and hopes of what we'll become?



Joy & Sorrows

From Sunday Worship March 28,

David & Irene: Joy for participating in this week's AUUF Friendship Fire event.

Denise Martin: Joy of spending time with grandkids, and playing music with friends in person for the first time in months.

From Michele and George: Concern about the suppression of voting right.

From Kellie Rixse: Grateful for being fully vaccinated

From Marty (she/her): Spring skiing in the mountains is a joy. John's continuing to deal with recovery from his injury and hip replacement is an ongoing concern.

From Andrea Kavlaq Van Ravenswaay : Joy: our clinic is now a 501c3 nonprofit! ... Concern: our son gashed his knee pretty bad while xc skiing and had to get stitches. Luckily he is healing up well and already playing out (carefully).

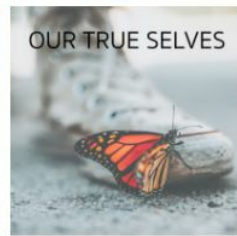
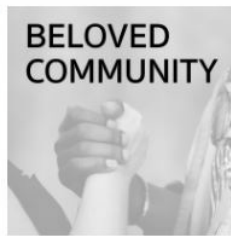
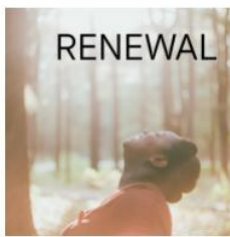
From Diane Smith: Joy - second covid vaccine last Wednesday, with no effects other than a sorta sore arm. Yipppppeeeee!

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